

**MEMORANDUM OF UNDERSTANDING**

BETWEEN

GOVERNMENT KOLASIB COLLEGE, KOLASIB

AND

OFFICE OF THE CHIEF MEDICAL OFFICER, KOLASIB DISTRICT

## MEMORANDUM OF UNDERSTANDING

Government Kolasib College, Kolasib (hereinafter called as GKC) and Office of the Chief Medical Officer, Kolasib District (herein after called as OCMO) mutually agree to enter a formal understanding of cooperation in an aim to provide accessible mental health care through regular mentoring and counselling sessions to the students of GKC coming from various economic and social backgrounds with challenges in daily lives.


Under this Memorandum of Understanding, the two institutions will proceed to establish channels of communication and cooperation in order to implement effective exchange of relevant ideas and personnel and to facilitate effective utilization of suitable resources.

### Areas of Cooperation:


1. The two institutions will explore possibilities of organizing seminars, workshops and trainings.
2. Government Kolasib College:
  - i. To sensitize and identify students who may require counselling.
  - ii. To make adequate arrangement for counselling sessions by providing a suitable room at GKC.
3. Office of the Chief Medical Officer:
  - i. To arrange regular counselling sessions for students of GKC by counsellors from Mental Health Programme, Tobacco Cessation Clinic, OST Centre and ART Centre, Office of the Chief Medical Officer, Kolasib District.
  - ii. To provide counselling sessions of duration not less than 1 hour per week.

Either party assures cooperation and assistance in activities organized by the other party whenever feasible.


The duration of the cooperation shall be for a term of **two (2) years** i.e., from **5<sup>th</sup> March, 2025 to 28<sup>th</sup> February, 2027**. It may further be subjected to amendment or renewal with the written agreement of both parties.

  
(LALTANPUIA RENGSI) 5/3/25  
Principal


Government Kolasib College, Kolasib

  
(Dr R.K. LALTHLAMUANA)  
Sr. Chief Medical Officer  
Office of the CMO, Kolasib District

### WITNESSES

  
(CHRISTOPHER J.Z. LAWLOR)  
Vice Principal

Government Kolasib College, Kolasib

  
(Dr SAICHHINGPUII SAILO)  
Dy. Chief Medical Officer  
Office of the CMO, Kolasib District